

Southlink

He karere tā te Kaunihera o Taranaki ki te Tonga
News from the South Taranaki District Council

#Compleat to save money, time and waste

Did you know one of the biggest environmental challenges we face is food waste? If it were a country, food waste would be third largest emitter of greenhouse gases in the world.

The Compleat It campaign from Love Food Hate Waste aims to change all that by helping New Zealanders take action and compleat their food. Compleating is more than just how we cook – it's a whole food philosophy that can save people money while looking after the planet.

Love Food Hate Waste has been investigating how well people in New Zealand compleat their food, and it turns out that some valuable food staples – like potatoes, bread, and apples – are wasted simply because of personal preference.

South Taranaki District Council environment and sustainability officer Victoria Moyle says this is an important campaign that we're proud to support.

"Compleating our food makes sense economically, environmentally and is good for the wellbeing of our residents. We'll certainly be using the Compleating ideas to influence our personal food choices and encourage people across the area to make the most of the Compleating resources," she says.

Among the most wasted foods are crusts and end slices of bread. Of the 15,174 tonnes of bread we throw away in New Zealand every year, just under 20% is crusts and ends. We throw away the equivalent of 6 loaves of bread per person every single year! And yet there are hundreds of simple ways to use them up from cinnamon bread sticks to breadcrumbs or simply making a mini bread pudding in the microwave.

As for the humble spud, compleating our potato skins is the perfect way to stay

healthy, save money, and love the planet all at the same time. Many Kiwis don't eat their skins; currently we're throwing away 7,039 tonnes of potato peelings every year. But most of the fibre goodness is in the skin, so enjoying skin-on mash ensures that we get all the nutrients without wasting a single bit.

The Compleat campaign is filled with tips, tricks and tempting recipes to help Kiwis make the most of every bit of food, with a special food focus each week to encourage total use of the main offenders – meaning fuller purses and pukus, and less waste at the kerbside. To find or share more tips for compleating your food, keep an eye out on the South Taranaki District Council's Facebook page for a new tip, trick and recipe each Wednesday for the duration of the campaign.

DON'T JUST EAT IT
COMPLEAT IT



Public Meeting to hear TDHB proposal rural model of care for South Taranaki

Taranaki DHB chief executive Rosemary Clements attended last week's South Taranaki Community Health Forum and Taranaki Ki Te Tonga, to give an update on the progress of planning following the public forum held in August.

The update included a presentation on a proposed rural model of care for South Taranaki residents designed to enhance

the delivery of existing and proposed new services across all providers.

The Forum has now invited Taranaki DHB to present the rural model of care proposal to the wider South Taranaki community and a public forum will take place on Tuesday 26 November at 1pm in the Community Centre, 66 Albion Street, Hāwera.

Nelson Street Upgrade Complete

Apart from some tree planting the upgrade works on Nelson Street (between Victoria to Union Street) Hāwera are all but complete.

The work which was carried out by Inframax, formalizes the one-way street and includes new drainage, kerb and channel, footpath, streetscaping and road pavement.

South Taranaki District Mayor, Phil Nixon is pleased with the completed works which he says was part of the Council's wider programme to enhance Hāwera's town centre streetscape and to provide more car parking on the street.

"We've now got a more attractive street, with more parks, set up in a safer manner with raised platforms for pedestrian and mobility scooter crossings and more clearly defined zones between pedestrian and vehicle movements," he says.

Public Notification – Changes to parking control restrictions – Nelson Street, Hāwera

The South Taranaki District Council would like to inform you that parking restrictions will apply for the newly developed Nelson Street one-way system in Hāwera.

- All parking spaces on the Nelson Street one-way (between Victoria and Union Streets in Hāwera) are time restricted to 120 minutes.

These changes come into effect as of 21 November 2019.

For more information please refer to the South Taranaki District Council's Roadway Bylaw, available on our website: www.southtaranaki.com/Council/Bylaws/ or any of our seven LibraryPlus Centres, or by phoning 0800 111 323.

Upcoming meetings

Ordinary Council

Monday 9 December, 7.00 pm

Unless otherwise specified, meetings are held in the Council Chambers, Albion Street, Hāwera.

Rates Due

Ratepayers are reminded that the last day for payment of the second instalment of rates for 2019/20 without incurring a penalty will be 27 November 2019.



Arts IN THE PARK

Saturday 7 December 2019
10am - 3pm
King Edward Park, Hāwera

SOUTH TARANAKI'S LARGEST OUTDOOR ARTS & CRAFTS MARKET

7 DAYS

10th BIRTHDAY LIVE TOUR

